



# **Beauty & Wellness**

## **Cosmetic Treatments and Massages**



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### **Cosmetic Treatments and Massages**

#### **Massages**

##### **The classic ones**

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Partly massage	25 min	€ 36,-
Full body massage	50 min	€ 59,-
Sport massage	25 min	€ 39,-
<b>or</b>	50 min	€ 64.-

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**Aromatic massage 4 elements** 50 min € 64.-

according to Dr. Jakobi

#### **Relax emotion fire**

flavour: fine, floral and aromatic  
effect: cooling, energizing, relaxing

#### **Relax emotion water**

flavour: mediterranean, tart, angular  
effect: energizing, restores emotional wellbeing

#### **Relax emotion air**

flavour: sweet and tender  
effect: helps to ground yourself und gives comforting, restoring equilibrium

#### **Relax emotion earth**

flavour: like velvet, soft, tempting  
effect: soft, sensual, invigorating

## The special ones

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### Foot reflex zone massage

5000 years ago the chinese people discovered that the internal organs can be influenced by a massage of the feet and hands. So this foot reflex zone massage activates the self-healing energy of your body.

25 min € 39,-      50 min € 64,-

### Massage mix

A combination of foot reflex zone and a back massage  
(very popular)    50 min € 64,-

### Wastlhof vital massage

This massage includes a very special massage oil made out of 37 different herbs and oils, boosting the blood circulation.

25 min € 39,-      50 min € 64,-

### Sportlermix

This massage is perfect after an active day. After this massage the muscles recover and the blood circulation improves.

50 min € 64,-

### Gedankenfrei

Very pleasant head and face massage, where you can relax, recover and forget your everyday stresses and strains.

30 min € 42,-

### Special neck massage

Helps to relieve neck tension and can alleviate headaches and migranes.

30 min € 42,-

### Lymphatic drainage

Gentle massage with soft, flowing movements that have detoxifying and purifying effect.

25 min € 39,-      50 min € 64,-

## Candle massage

This massage is warming and the wax includes a lot of natural ingredients which are very good for your skin. 50 min € 64,-

## Waldduft

This massage is refreshing and balancing for the body, because of the special pine oil. The special pine oil is very famous in Tyrol and has a positive effect on the heart, sleep and the air way.

25 min € 39,- 50 min € 64,-

## Gletschereis

This treatment is very good for tired feet and aching calves. At the beginning you relax while having a footbath with aromatic herbs of the Alps and sea salt. Then you relax while having a foot and calf massage with arnica oil. Very relaxing.

30 min € 42,-

## Ear candle therapy

A very nice warm feeling and the crackling of the flame spread a very pleasant atmosphere. Helps to cleanse your ears.

30 min € 42,-  
50 min with a facial lymphdrainage € 64,-

## Wohlig warm

You enjoy a back massage with the healful arnica oil and the supporting warmth of a pillow filled with hot cherry stones.

30 min € 42,-



## The sensitive ones – with the special feeling...

### Intuitiv sensitive massage

This is a combination of different massage techniques and will be tailored to your particular needs. 50 min € 69,-

### Herb stamp massage

This massage combines the wonderful smell of herbs, spices, warmth and steam. You enjoy this relaxing treatment, while you can forget the stress of everyday life.

back 25 min € 42,- full body 50 min € 69,-

### Rose Garden

The rose as the queen of all flowers with the very intense, mystic, floral and sweet smell is a great ingredient for massage oil. Very sensitive parts of the body like hands, feet, shoulders, neck, face and head benefit especially from the rose oil, which is used in this massage. This effect supports the rich almond oil, which carries the wonderful fragrance of the rose oil and gives your skin a treat.

70 min € 82,-

### Stoneage - I am form Austria, Klammsteinmassage

This massage guides you to deep relaxation. You enjoy a treatment with hot stones from the local Kundler Klamm and the oil of the local pine "Zirbe".

70 min € 92,-

### Wia a wüds (Wildschönauer) Wossa

Enjoy a special ritual! Relax while you get a massage with hot stones from the Wildschönauer stream and herb oil.

70 min € 92,-

### Hot stone massage

The power of the hot stones .

70 min € 92,-



## Soft pack water bed

The **soft pack system** helps you to achieve a **weightless relaxation**. The pure active component and packs get directly applied to your skin. That means you're not getting in direct contact with the water and you find a deep relaxation.

30 min € 42,-

### Alpine Pine

The smell of the pine is very good to destress and relax. It improves the blood circulation.

### Gut behütet –

Cosy with the smell of pine, which is very aromatic, long lasting and pleasant and has a positive effect on the body, especially the pulse rate.

### Auf Heu gebetet

Hay with herbs and alpine flowers has an activating effect, bringing good mood

### Vital package Orange

Is good for your mood, refreshing, very good aroma, good for dry skin.

### Vital package Lavender

Enjoy the very aromatic smell of lavender, which is relaxing for body and soul.

### Vital package Rose

The queen of flowers the rose is very good for the beauty of your skin. The essential oils of the rose polish your skin.

## Soothing baths in our royal tub

Enjoy one of your fantastic baths in our royal tub. After the bath you have (if you want to) a treatment with body lotion.

30 min € 36,-

**Lavander-Sea-Salt**

**Orange-Sea-Salt**

**Berry Bath**

**Honey-Milk (with mare milk)**

## Packages

### Time for me - floating and relaxing

- \*body peeling at the softpack water bed (lavender, lemon or rose)
  - \*body pack
  - \*facial treatment 60 min according Aroma Derm
- 120 min                      € 142,-

### Homeland

- \*aromatic milk bath in the royal tub
  - \*body pack with alpine pine – relaxing, good for colds
- 50 min                      € 70,-

### Sports package

- \*herbal feet bath with feet massage 'Gletschereis
  - \* back massage with arnica oil
- 50 min                      € 70,-

### Gutes aus der Heimat

- \*bath in the royal tub
  - \*back massage and inunction with mountain mint tonic
- 50 min                      € 70,-

### Wald und Wiese

- \*bath in the royal tub
  - \*full body massage 50 min
  - \*facial treatment according Aroma Derm
- 130 min                      € 165,-

## Body Styling - Perfect body

### Beauty Line Body Styling

Our successful anti-cellulite treatment. This special treatment is designed to tone your muscles and break down your cellulite. The wraps we use are infused with essential oils and improve contours and leave the skin smooth, toned and more resilient.

- 1 Body Styling with Beauty Line (50 min) € 65,-
- 3 Body Stylings with Beauty Line - € 165,-
- 5 Body Stylings with Beauty Line - € 250,-

## Facial treatments – according Aroma Derm

### Facial treatment

Cleansing, peeling, deep cleansing or a relaxing face massage, an individual treatment depending on your skin

60min € 69,-

### Facial treatment de luxe

This luxury facial is moisturising for your skin. Cleansing, peeling, eye brows shaping, massage, special eye mask, special full face mask, day cream. While you enjoy your facial treatment you get a hand peeling and hand pack.

ca. 120min € 102,-

### Classic facial treatment

Cleansing, peeling, eyebrows shaping, facial massage, mask and day cream.

ca. 90min € 92,-

### Anti ageing treatment with galvanic spa

Effective lifting treatment with electro spa helps to regenerate the skin. Cleansing, peeling, antiageing galvanic treatment, facial massage.

ca. 90 min € 102,-

following treatments with galvanic spa € 65,-

### Facial treatment Mask Modelage

This facial is one of our most popular ones. A special treatment with a warm full face mask.

90 min € 98,-

### Facial treatment special

Anti – ageing pure moisture for your skin cleansing, peeling, eye brows shaping, relaxing face massage, special care with pack and day cream.

90 min € 98,-

### Beautiful Eye

The skin around the eye is very sensitive and thin. Cleansing, eye massage, special eye serum to lifting the parts around the eyes.

30 min € 39,-

3x 30 min € 109,-

**All our facial treatments are bookable for men as well!**

## Hand and feet

### Pedicure

Just relax in a warm foot bath, enjoy a peeling and a professional pedicure and afterwards a foot massage.

60 min without nail polish	€ 52,-
60 min with nail polish	€ 58,-

### Manicure

Enjoy a hand peeling and a professional manicure and afterwards a hand massage.



60 min without nail polish	€ 52,-
60 min with nail polish	€ 58,-
UV nail polish	€ 35,-

## Extras

Eyelash tint	€ 15,-
Eyebrows tint	€ 12,-
Eyebrows shaping	€ 14,-
Day make up	€ 38,-
Eylash and eybrows tint incl. shaping	€ 42,-

## Waxing

Full legs	€ 46,-
Legs below the knee	€ 35,-
Bikini zone or arm pits	€ 25,-
Arms	€ 27,-
Upper lip or chin	€ 12,-
Back or breast	€ 48,-

**Solarium**      15 min      € 7,-





**For kids only**

Harmonic children massage	20 min	€ 29,-
Children massage “Zappelphilipp” Soothing and relaxing for active children	20 min	€ 29,-
Manicure and pedicure for children If you wish with coloured with nail polish	30 min	€ 32,-



**For teens only**

Hand and nails art Manicure or pedicure	30 min	€ 35,-
Check up your Face For clear skin, cleansing, peeling, vapozone, mask and day cream	45 min	€ 55,-
Well being Cleansing, peeling, eyebrows shaping, face massage, mask and day cream	45 min	€ 55,-
Boxenstopp for teenies back and leg massage with a refreshing inunction	30 min	€ 36,-



## Contact us!

If you are interested in booking a massage or a cosmetic treatment don't hesitate to contact us. Please book the treatments at the hotel reception or at the beauty reception.

If you have more questions we are glad to assist you. Tina our beauty specialist and Maria-Luise our masseure are looking forward to welcome you!

If you want to cancel your booking please do that at least 5 hours before your treatment.



### *Family Brunner*

**Sport und Vitalhotel Wastlhof  
Wildschönauerstr. 206  
A-6314 Niederau Wildschönau  
++43(0)5339/8247  
info@hotelwastlhof.at  
www.hotelwastlhof.at**



  
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